

# Tuckshop Information

Welcome to St Benedict's School Tuckshop (also known as *Bennies Tuckshop*), my name is **Elouise Phillimore** and I am the *Tuckshop Coordinator* here at St Benedict's. We also have Melissa Rosolen and Emma Edmonds, our assistants, as well as a wonderful team of volunteers and bakers. Our menu is based on good quality, healthy food, drinks and snacks. Wherever possible, we use local food suppliers, in order to support our community and prepare a majority of the items on site from those fresh ingredients. You can view the tuckshop menu on *Qkr!*, the school website or the *BCE Connect* app.

## Hours

*Bennies Tuckshop* is currently open Wednesday, Thursday and Friday for two breaks each day:

- **1st Break** is from 10.30 until 11am. This is the students' main lunch break.
- **2nd Break** is from 1pm until 1.30pm. This is the students' afternoon tea/snack break.

## Pre-ordering



Orders need to be received by the Tuckshop by 8am on the day to be served. Order early, to avoid disappointment, all food needs to be pre-ordered:

- **Qkr!** is our online ordering system. If you would like to pre-order via **Qkr!**, please download the app, register yourself an account and set up a profile for the students you are ordering for.
- If you have any questions regarding **Qkr!** please contact them directly at [QKR\\_AU@mastercard.com](mailto:QKR_AU@mastercard.com)
- There are no service fees charged through Qkr!
- Pre-order meals are placed in a basket and collected by the class.
- No orders are taken after 8am.

## Cash Purchases

Sending money to school with students, so they can purchase items over the counter, is a great way to teach them about money handling, and it also builds their confidence in the school environment. They can purchase snacks, ice treats and drinks (not hot food) over the counter at second break play time.

## Volunteers

Without the support of volunteers the Tuckshop would not be able to achieve our vision of providing a tasty, fresh and delicious menu for our children. Whether you can volunteer once a term/week for 30 mins or 3 hours, you are needed! Volunteering is also a great way to meet other parents and your kids will LOVE to see you behind the counter at break time! Everyone is welcome to volunteer and lunch, tea/coffee will be provided.

You can arrange to volunteer via **Qkr!**, by email [pmagTuckshop@bne.catholic.edu.au](mailto:pmagTuckshop@bne.catholic.edu.au) or in person at the Tuckshop. We will also sent out a request at the beginning of the term. You can also visit the school website to review the information provided in this pack.

Once again, welcome to St Benedict's Catholic Primary School and any questions you may have, please feel free to email me or just drop into the tuckshop for a chat. All parents are welcome to come and visit us at the counter. Your feedback and suggestions are always welcome.

Kind regards,  
Elouise Phillimore - Tuckshop Coordinator  
[pmagTuckshop@bne.catholic.edu.au](mailto:pmagTuckshop@bne.catholic.edu.au)



Open  
Wednesday  
Thursday  
Friday  
1st + 2nd Breaks

# menu



Please order via Qkr by 8am on the day of your order.

You can view the tuckshop menu on Qkr, the Parent Portal or the school website.

Any queries contact us at [pmagTuckshop@bne.catholic.edu.au](mailto:pmagTuckshop@bne.catholic.edu.au)

## sandwiches

Whole meal bread  
(white bread on request)

Toasted... 50c extra

Vegemite... \$2.00

Cheese... \$2.50

Ham + Cheese... \$3.50

Toasted Ham, Cheese + Tomato... \$4.00

Cheese or Ham + Salad... \$5.00  
(lettuce, carrot, cucumber, tomato)

Chicken + Mayo toastie... \$5.00

## snacks

piece of Fruit... 50c

Diced Fruit-in-Jelly... \$1.20

Salami + Cheese Cracker... \$4.50

Bennies Snack pack... \$2.00  
(cheese, whole wheat crackers  
+ vegetable sticks)

Custard Tub... \$2.00

Sunbites Popcorn... \$2.00

Biscuits... \$1.00

Red Rock Deli Chips... \$2.00

Salt + Vinegar Chips... \$2.00

Iced Buns... \$2.20

## hot food

Traveller's pie 160g... \$4.50

Sausage Roll 125g... \$3.50

Chicken Fingers (5pc)... \$3.50

Homemade

Mac-n-Cheese... \$5.00

Beef Lasagna... \$5.00

Garlic Bread... \$2.50

Beef Burger... \$5.00  
(Wednesday)

Crumbed Chicken Burger... \$5.00  
(Thursday)

Hot Dog... \$3.50  
(Friday)

Tomato or BBQ sauce... 30c ea

Mini Cheese pizza... \$4.50  
(Wed/Thurs only)

## drinks

Water 250ml... \$1.00

Fruit Poppers 250ml... \$2.00

Flavoured Milk 300ml... \$2.50

Krazy Lemon... \$2.00

Glee Juice Bubbles... \$2.00  
(assorted flavours)

## Frozen treats

2nd break only

Zooper Doopers... 50c

Calippo Minis... \$2.00

Milky Swing... \$2.50

Bulla Frozen Yoghurt... \$3.00

## special dietary

Toasted GF Sandwich... \$5.00

GF Chicken Nuggets... \$5.00

GF Butter Chicken... \$6.00

GF Biscuit... \$3.50